

## Halloween Yoga Games






### Witches' Magic Potion

The witches make their magic potion in a **cauldron**. What is your **magic potion** for?

1. Sit in **butterfly** pose to make your cauldron.



2. What will go into your magic potion?

Dog toenail	Snake skin	Dragon scales	Dead Bugs	Poison apple from an apple tree
				

What else can you add? Make up your own postures!

3. Stir your potion around then drink it up.

4. Imagine what happens next!

English → French:

Cauldron = chaudron

Dog toenail = griffe du chien

Dragon scales = écailles du dragon

Magic potion = potion magique




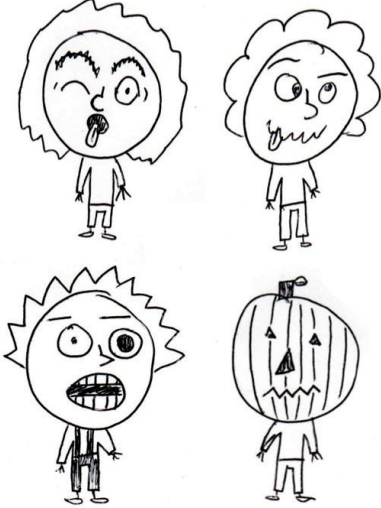
Snake skin = peau du serpent

Apple tree = pommier

Butterfly = papillon

Bug = insecte

## Pumpkin vs Jack O'Lantern

A <b>Pumpkin</b> has no face	A <b>Jack O'Lantern</b> has a carved face
	
	

1. One person calls out "Pumpkin" and everyone goes into pumpkin pose (**child's pose**).
2. Then he/she calls out "Jack O'Lantern" and everyone sits up and makes **silly faces**.
3. Repeat as much as you want!

English → French:







Pumpkin = citrouille

Face = visage

Child's pose = posture d'enfant

Silly faces = grimaces rigolotes

## Itsy Bitsy Spider Song - Halloween version

<p>1. The Itsy Bitsy <b>Spider</b></p> 	<p>2. Climbed up the <b>haunted house</b></p> 
<p>3. Down came the <b>rain</b> and washed the spider out</p> 	<p>4. Out came the <b>sun</b> and dried up all the rain</p> 
<p>5. And the itsy bitsy spider</p> 	<p>6. Went up the house again.</p> 

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### English → French:

*Itsy-bitsy = tout petit*

*Rain = la pluie*

*Spider = araignée*

*Sun = soleil*

*Haunted house = maison hantée*